



*Helping you help your employees*



# Because Every Person Matters.

**Our unwavering promise:** to protect health, uplift wellness, and reduce risk—because your people deserve more than just medical care. They deserve compassion, continuity, and care that works.



Driven by care.  
**Defined by impact**

At Workforce Healthcare we exist for the people, those we serve, those we employ, and those we empower. Led by seasoned medical professionals, we deliver healthcare that goes beyond treating illness. We focus on building healthier, happier, and more resilient workforces—because when your people thrive, your business does too.

Our model is doctor-led, data-informed, and compassion-driven. From on-site clinics to nationwide wellness programmes and preventative care, we bring meaningful healthcare to the heart of the workplace.

 **We are here for you.**

**Health in action:**  
The numbers behind the care.

“For more than 20 years we have pioneered corporate health and wellness in South Africa, bringing safety and security to countless individuals and their families.”

**Primary Healthcare**

- On-site and mobile medical services
- Confidential rehabilitation programmes
- Health screenings
- Chronic disease management
- Health & wellness education

**Occupational Health**

- Statutory & pre-employment medicals
- Risk-based surveillance
- COIDA & injury on duty (IOD) services

**Employee Wellness**

- Counselling & mental health support (24/7/365)
- Stress & trauma management
- Lifestyle coaching
- Absenteeism management

**Compliance Services**

- Medical surveillance programmes
- Legal & legislative compliance
- Health risk assessments

**Wellness Days**

- On-site health screenings and education
- HIV and TB testing
- Blood pressure, glucose, cholesterol & BMI checks
- STD awareness and wellness talks
- Early detection and risk profiling tools



PRIMARY HEALTHCARE

Care that comes to you.  
Accessible. Affordable. Employee-focused.

You can't stop illness—but you can remove the barriers to care.

Our workplace-based healthcare model brings trusted medical support directly to your employees, reducing absenteeism, increasing productivity, and improving quality of life.

Our services include:

- General health consultations
- Treatment of minor ailments like flue, colds, diarrhoea & headaches
- Chronic disease management
- Preventative care & screenings
- Health education & referrals
- Dispensing of medication
- Medical record management
- Customised solutions per site



MEDICAL SCREENINGS

Screening that does more than tick boxes.  
Proactive health. Measurable impact.

We don't just run tests—we reveal insights.

Our screening services uncover risks early, support wellbeing strategies, and help your workforce take control of their health.

Our services include:

- Vital signs & BMI assessments
- Blood pressure & glucose testing
- Cholesterol & vision screenings
- Drug & alcohol testing
- HIV, TB & chronic illness screenings
- Customised wellness days
- Targeted risk group assessments
- Health risk data & trends reporting



A healthier workforce starts with consistent, convenient care.

Empower your people. Track your progress. Stay ahead.



OCCUPATIONAL HEALTHCARE

Protecting your people.  
Powering your compliance.

Tailored to industry. Built for compliance.  
Delivered with care.

Occupational health is more than a requirement,  
it's a responsibility.

At Workforce Healthcare, we deliver intelligent  
preventative occupational health services  
powered by data, technology, and decades of  
clinical experience.

Our doctor-led teams tailor every solution to  
your workforce—while our national training and  
upskilling initiatives ensure continuous  
improvement across the board.

- Pre-employment & exit medicals
- Periodic & risk-based medicals
- Medical surveillance & screening
- Audiometry, spirometry, and vision screening
- Biological monitoring & drug testing
- COIDA and IOD support
- Health risk assessments & reporting
- Mobile & on-site clinic capability



EMPLOYEE WELLNESS

Support that goes  
beyond the workplace.

Because mental wellbeing is the  
foundation of a thriving workforce.

When life gets overwhelming, your  
people need more than policies—they  
need people who care.

Our Employee Wellness Programmes offer  
holistic, confidential support for physical,  
emotional, and mental health, available  
24/7/365.

Our services include:

- 24/7 telephonic counselling & crisis support
- In-person counselling sessions
- Online counselling sessions
- Managerial guidance & referrals
- Trauma debriefing & critical incident support
- Mental health awareness campaigns
- Wellness days & educational talks
- Digital wellness tools & reporting
- Integration with your healthcare ecosystem

Protecting your people. Powering your compliance.

Empower your people. Track your progress. Stay ahead.



## WELLNESS DAYS

### Health that starts with awareness.

Workplace wellness. On your terms, on your site.

#### Wellness isn't just a perk it's a business advantage.

Workforce Healthcare's Wellness Days bring preventative health screenings, education, and early interventions straight to your workplace, giving your employees the tools to take charge of their health while helping you identify risks before they become problems.

Led by qualified, registered healthcare professionals, our Wellness Days are flexible, scalable, and designed to fit your business. Whether it's one office or multiple sites, we ensure every employee has access to quality care that informs, empowers, and protects.



## WELLNESS DAYS (Cont'd)

### Our services include:

- Blood pressure, glucose, and cholesterol screenings
- BMI measurements and vital signs
- TB screening and voluntary HIV counselling
- STD education and awareness
- Health risk profiling and referral guidance
- Employee wellness education sessions

Wellness Days are more than screenings, they're a platform for early detection, better decision-making, and building a culture of care.

### Wellness Days support:

- Healthier lifestyle choices
- Reduced absenteeism and presenteeism
- Improved team morale and engagement
- A stronger, more resilient workforce

Prevention with purpose. Care that shows.



# Our National Footprint

Wherever your teams are, We're there too.



72 Occupational Health Clinics



9 Mobile Medical Units



Urban & Remote Reach



Cross-Industry Expertise

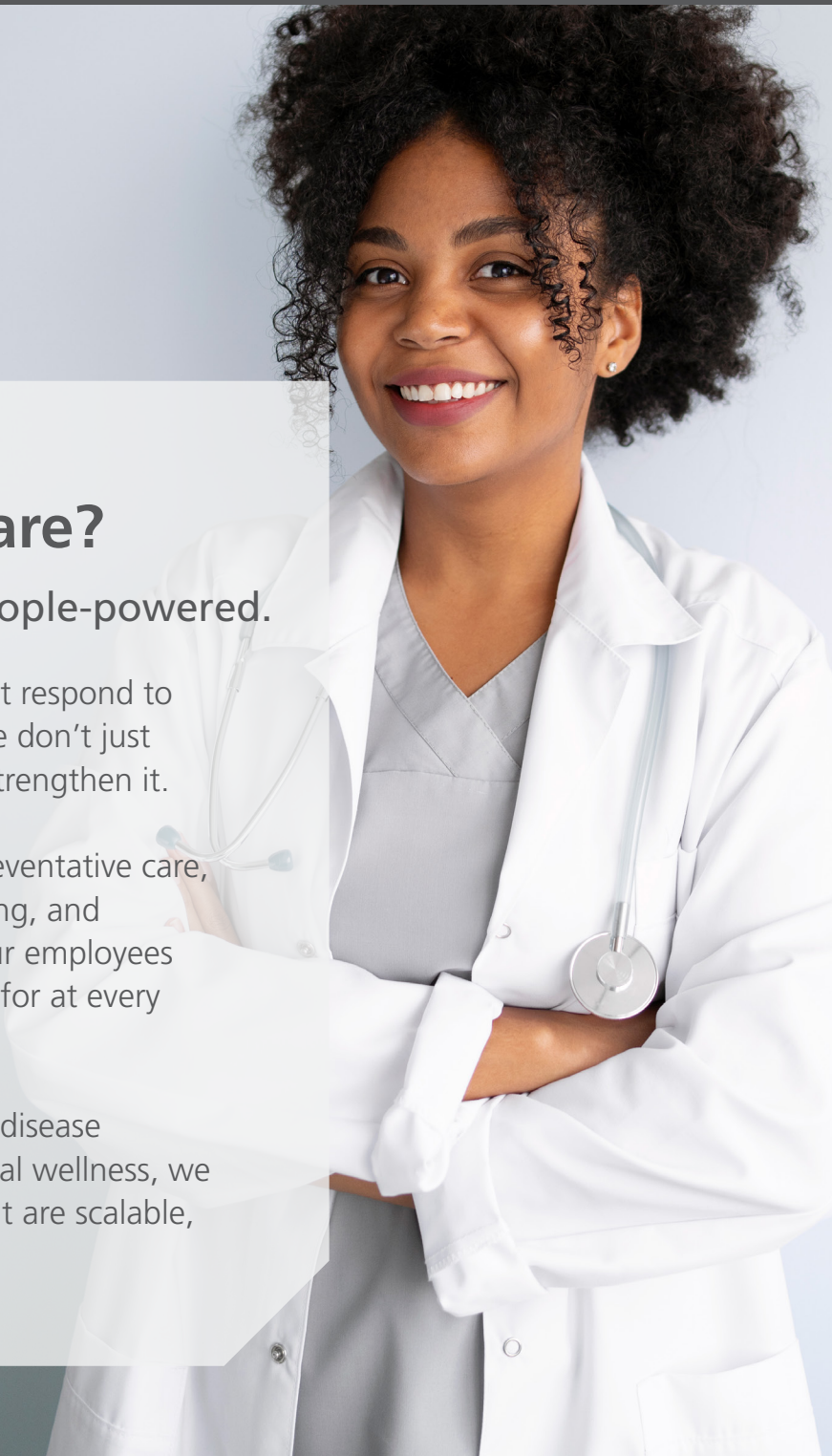
## Why Choose Workforce Healthcare?

Doctor-led. Tech-enabled. People-powered.

At Workforce Healthcare, we don't just respond to health issues—we anticipate them. We don't just support your business—we help you strengthen it.

Our integrated approach combines preventative care, advanced technology, data-led reporting, and industry-leading training to ensure your employees are protected, empowered, and cared for at every stage of their health journey.

From occupational health and chronic disease management to compliance and mental wellness, we deliver holistic healthcare solutions that are scalable, strategic, and fully compliant.



# What sets us apart



## Clinical Leadership

Workforce Healthcare is led by Dr Richard Malkin, a pioneer in mobile screening and occupational healthcare. Every department is headed by specialists with hands-on experience and sector-specific expertise, ensuring quality and consistency across all services.

## Exceptional People

Our national network of over 600 skilled professionals includes counsellors, social workers, occupational and primary healthcare practitioners, occupational therapists, biokineticists, and dieticians, each committed to delivering care with compassion and professionalism.



## Technology that Delivers

Our proprietary software systems provide real-time, accurate reporting. Giving clients complete visibility, traceability, and compliance insight at a glance. Data isn't just collected—it drives action

## National Reach. Reliable Support.

With 72 occupational health clinics, 9 mobile medical units, and a national network of counsellors and nurses, we offer consistent, high-impact service wherever your teams operate.

Our logistics teams ensure fast turnaround for medicine, supplies, and onsite support—minimising downtime and maximising continuity.

We partner with businesses across industries and regions to deliver healthcare that's as agile and forward-thinking as your workforce.



This is healthcare that works for your people and your business.





# Part Of Workforce Holdings

Powered by purpose.  
**Backed by a national leader.**



Workforce Healthcare is a division of Workforce Holdings, one of South Africa’s most trusted human capital partners, with a national footprint and over 50 years of operational excellence.

As part of a multidisciplinary group, we work alongside leaders in recruitment, training, compliance, and outsourced services to deliver integrated solutions that support the full employee lifecycle.

**Our affiliation allows us to:**

- Align health strategies with workforce development goals
- Enhance compliance and governance through shared infrastructure
- Offer national reach with consistent service delivery standards
- Deliver scalable, tech-enabled solutions that evolve with your business

# Data-Driven Insights

From the clinic floor to the boardroom.

Our real-time reporting systems transform data into decision-making tools —keeping your organisation compliant, informed, and proactive.

- Outcome-focused compliance tracking
- Automated, live report monitoring
- Centralised dashboards to prevent data loss and duplication

**We don’t just deliver healthcare—we deliver clarity.**



*Helping you help your employees*

Let's build a workforce  
**that's cared for.**

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